

SUNDAY LUNCH

Salty's
Beach Bar & Restaurant

STARTERS

SURF OR TURF

Caldey Island mackerel parfait

or Pembrokeshire's finest
chicken liver parfait

BRUSCHETTA (V)

Tomato, red onion and feta

All served with or on Salty's
house bread

TOMATO & RED PEPPER SOUP (V)

Oven-roasted vine tomatoes
and charred red pepper soup

SALTY'S SEAFOOD MEDLEY

A fresh and ever-changing
selection

CRAB RAVIOLI

Hand picked local crab
meat finished with a lemon
zest and dill sauce

MAINS

ROASTED TOPSIDE OF PEMBROKESHIRE BEEF with a Yorkshire pudding

SLOW-ROASTED ROLLED LEG OF LAMB with Salty's stuffing and mint jelly

ROASTED SUPREME OF CHICKEN with Salty's stuffing and a pig in blanket

MARINATED HALLOUMI (V) on a bed of patatas bravas with aioli and salt & vinegar crispy kale

WILD MUSHROOM WELLINGTON (VE)

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**All roasts are served with seasonal vegetables, parsnips,
roast potatoes, roast carrots and Sian's bake**

DESSERTS

MA'S HOMEMADE APPLE CRUMBLE and custard

CAIN'S HOMEMADE STICKY TOFFEE butterscotch and ice-cream

HOMEMADE LEMON CHEESECAKE 'Salty's sand' and berry compote

BELGIAN WAFFLES butterscotch and bueno ice-cream

CHOCOLATE TORTE

SELECTION OF SORBETS

CHEESE BOARD (£3 Supplement)

'Black Bomber' | Brie | 'Black as Coal' smoked cheese | apple | grapes
| celery | red onion chutney

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR INTOLERANCES

(V) - VEGGIE (VE) - VEGAN - PLEASE ASK TO MAKE YOUR DISH GF

EXTRAS

PIGS IN BLANKETS £4

ROASTIES £4.50

STUFFING £1.25

YORKSHIRE PUDDING £1.25

MAIN COURSE £17.95

2 COURSES £23.95

3 COURSES £29.95