

LUNCH

Salty's
Beach Bar & Restaurant

LAND

8OZ SIRLOIN STEAK
Portobello, chips & watercress - 28

6OZ RIBEYE STEAK
Portobello, chips & watercress - 30

6OZ FILLET STEAK
Portobello, chips & watercress - 30

MINUTE STEAK
Garlic butter, french fries &
watercress. Pink | Well done - 18

CHICKEN SUPREME
Mash, sweetcorn purée & wild
mushroom sauce - 19

SALTY'S BURGER
Thick beef patty, Montgomery cheese,
sliced beef tomato in a brioche bun with
tangy burger sauce, streaky bacon &
french fries - 18

SALTY'S BEYOND PLANT-BASED BURGER
Brioche bun, sliced beef tomato, special
burger sauce & french fries (ve) - 17

SEA

FISH & CHIPS
Mushy peas & tartare sauce - 17

SCAMPI & CHIPS
(ASK FOR PLANT BASED SCAMP (ve))
Mushy peas - 18

MUSSELS
Crusty bread & french fries - 16

WHOLE OR HALF LOBSTER
Garlic butter & french fries - 65 | 30

SIAN'S FAVOURITE
Half a lobster in thermidor sauce with
french fries & 4oz fillet steak - 55

SALADS

PRAWN MARIE ROSE - 17

CLASSIC CHICKEN CAESAR - 18

CHICKEN, BACON & PESTO - 17

BAGUETTES

ALL SERVED WITH A FRESH SALAD GARNISH

PRAWN MARIE ROSE - 8.5

CHICKEN & BACON MAYO - 8.5

WELSH CHEDDAR & PICKLE (v) - 8

TUNA MAYONNAISE - 8.5

HAM, WELSH CHEDDAR & PICKLE - 8.5

TOMATO & VEGAN MOZZARELLA (ve) - 9

CHECK OUR SPECIALS BOARD FOR MORE DELICIOUS DISHES

SIDES & SAUCES

OLIVES - 4 | BAKED BREAD - 4 | BREAD, OLIVES & OILS - 8 | GARLIC BREAD - 5

FRENCH FRIES - 4 | SALTY FRIES WITH PARMESAN AND TRUFFLE OIL - 6 | CHIPS - 4.5 | ONION RINGS - 5

SEASONAL VEGETABLES - 6 | NEW POTATOES WITH BUTTER & PARSLEY - 5

PEPPERCORN SAUCE - 4 | BLUE CHEESE SAUCE - 4

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR INTOLERANCES

(v) - VEGGIE (ve) - VEGAN - PLEASE ASK TO MAKE YOUR DISH (GF)