

D I N N E R

Salty's
Beach Bar & Restaurant

STARTERS

POTTED SMOKED MACKEREL
With toasted bread, rocket & orange - 9

CHICKEN LIVER PÂTÉ
Onion marmalade, salad & bread - 9

HAKE GOUJONS - Tartare sauce - 8

SALT & PEPPER SQUID
Rocket & aioli - 10

BRUSCHETTA
Tomato, red onion & balsamic (ve) - 8

SHELL OFF PRAWNS - 12

LAND

8OZ FILLET STEAK
Portobello, chips & watercress - 34

LAMB RUMP
Buttered mash, broad beans
lamb jus & mint jelly - 24

CHICKEN SUPREME
Mash, sweetcorn purée & wild mushroom
sauce - 19

SALTY'S BURGER
Thick beef patty, Monterey Jack cheese,
sliced beef tomato in a brioche bun with
tangy burger sauce, streaky bacon,
balsamic onions & french fries - 18

SALTY'S BEYOND PLANT-BASED BURGER
Brioche bun, sliced beef tomato, special
burger sauce & french fries (ve) - 17

MARINATED HALLOUMI
Patatas bravas, aioli, salt & vinegar crispy
kale (v) - 19

CHECK OUR SPECIALS BOARD
FOR MORE DELICIOUS DISHES

SEA

FISH AND CHIPS
Mushy peas & tartare sauce - 17

SCAMPI & CHIPS
(ASK FOR PLANT BASED SCAMPI (ve))
Mushy peas - 18

LOCAL PAN-FRIED SEA BASS
Samphire butter, new potatoes &
seasonal greens - 24

PAN-FRIED COD
Patatas bravas, aioli, salt & vinegar
crispy kale - 24

PRAWN MAC & CHEESE
French fries & rocket - 23

WHOLE OR HALF LOBSTER
Garlic butter & french fries - 60 | 30

SIAN'S FAVOURITE
1/2 lobster in thermidor sauce with
french fries & 4oz fillet steak - 55

SALADS

PRAWN MARIE ROSE - 17

CLASSIC CHICKEN CAESAR - 18

CHICKEN, BACON & PESTO - 17

SIDES & SAUCES

OLIVES - 4 | BAKED BREAD - 4 | BREAD, OLIVES & OILS - 8 | GARLIC BREAD - 5 | CHEESY GARLIC BREAD - 6 | FRENCH FRIES - 4

SALTY FRIES WITH PARMESAN AND TRUFFLE OIL - 6 | CHEESY FRIES - 5 | CHIPS - 4.5 | ONION RINGS - 5 | SEASONAL VEGETABLES - 6 | SIDE

SALAD - 4.5 | NEW POTATOES WITH BUTTER & PARSLEY - 5 | PEPPERCORN SAUCE - 4 | BLUE CHEESE SAUCE - 4

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR INTOLERANCES

(V) - VEGGIE (VE) - VEGAN - PLEASE ASK TO MAKE YOUR DISH (GF)