

BREAKFAST

Served between 10 - 12

Full Welsh £10.95

Sausage, bacon, tomato, hash brown, beans, toast, fried egg

Full Veggie £10.95

Welsh Vegan sausage, tomato, hash brown, beans, toast, fried egg (V)(VE)(GF*)

Breakfast Waffle £8

Potato waffle, bacon, maple syrup

Smashed Avocado £8.50

Avocado & poached egg on toasted sourdough (V)

Salty's Eggs £7

Poached or fried egg on toasted sourdough (V)(GF*)

Breakfast Rolls

Bacon £6.50 (GF*)

Sausage £6.50 (GF*)

Vegan Sausage £6.50 (V)(VE)(GF*)

Fried egg £4.50 (GF*)(V)

Add bacon, sausage, egg, avocado, to any breakfast for £1.50 per item

No changing the core offering

HOT DRINKS

Tea	£3
Flat white	£4
Americano	£3.50
Cappuccino	£4.50
Latte	£4.50
Espresso	£3.50
Double Espresso	£4
Hot Chocolate	£4.50
Luxury Hot Chocolate	£6.50
Liqueur Coffee	£9
Syrups	£1

Oat or Soya milk available on request

MAINS

Served between 12 - 9

Sian's Favourite £60

4oz fillet steak, half lobster, chips, mixed leaf, thermidor sauce (GF*)

Classic Fish & Chips £17

Beer battered fish served with chips & mushy peas

Scampi £16.50

Scampi served with chips & mushy peas

Calamari £17

Chips, mixed leaf, aioli

Fish Basket £19

Squid rings, calamari, prawns, cod bites, mixed leaf, tartar & chips

Vegan Scampi £16

Vegan scampi served with chips & mushy peas (V)(VE)

Shell-Off Tiger Prawns £17

Chips, garlic butter (GF*)

Ravioli £15

Wild mushroom & stilton, sage burre noisette, crispy onions (V)

Chicken Katsu Curry £17.50

Crispy chicken, katsu sauce, rice (GF)

BURGERS

Salty's Burger £16.50

Beef patty, Monterey Jack cheese, streaky bacon, burger sauce caramelised onions, baby gem, beef tomato & chips

Fish Burger £15.50

Battered Fish Burger in a brioche bun with tartare sauce, gem lettuce, tomato & chips

Chicken Burger £16

Chilli jam, smoked bacon, cheese, baby gem, tomato & chips

Plant-Based Burger £17

Brioche bun, beef tomato, burger sauce & chips (VE)(V)

GRILL

Minute Steak £15

Chips, garlic butter (GF)
pink | well done

8oz Sirloin Steak £28

Chips, portobello mushroom, tomato (GF)

8oz Fillet Steak £33

Chips, portobello mushroom, tomato (GF)

Gammon Steak £16.50

Chips, pineapple or egg (GF)

Salty's Hot Dog £13.50

Crispy onions, chips, garnish

Salty's Vegan Hot Dog £13.50

Crispy onions, chips, garnish (VE)(V)

Pan Seared Roast Chicken £22

Today's greens, buttered mash potato, mixed peppercorn sauce (GF)

SALADS

Classic Chicken Caesar £18

Grilled chicken, bacon, croutons, gem lettuce, anchovies & parmesan (GF*)

Prawn Cocktail £18.50

Gem lettuce, prawn Marie-rose (GF)

Feta & Beetroot £17

Gem lettuce, feta, beetroot & walnuts (GF)(V)

BAGUETTES

Served between 12 - 4

All baguettes come with coleslaw & dressed salad

Gluten free baguettes available

Ham & Cheese £8.95

Ham £7.95

Cheese & Pickle £7.50

Classic BLT £8

Prawn Mayonnaise £9

Vegan cheese & tomato £9 (V)(VE)

HOMEMADE SALTY'S DESSERTS

Today's Cheesecake £8.50

Vanilla ice cream (V)

Sticky Toffee Pudding £8.50

Butterscotch sauce, vanilla ice cream (V)

Eton Mess £8

Fresh cream, strawberry & meringue (V)(GF)

Belgian Waffle £8

Toffee sauce, mixed berries & vanilla ice cream (V)

Sorbets £6

Ask your server for today's flavours (V)(VE)(GF)

Ice Cream £6

Vanilla|Strawberry|Chocolate (GF)(V)

Cheeseboard £12

Welsh mature cheddar, French brie, Welsh Caerphilly, grapes, celery & red onion marmalade

SIDES

Garlic Bread £5 (V)

Cheesy Garlic Bread £6 (V)

Chips £4 (V)(VE)(GF)

Truffle Parmesan Chips £6 (V)(GF)

Onion Rings £4.50 (VE)(V)

Buttered Vegetables £5 (GF)(V)

Buttered Pembrokehire Potatoes £5 (V)

(GF)

Salty's salad £4.50 (V)(VE)(GF)

Mini caesar salad £5.50 (GF*)

Peppercorn Sauce £4

Thermidor Sauce £4

Creamy Garlic sauce £4

Bread, Oils & Mixed Olives £8.50

Baked bread £4.50

PLEASE INFORM YOUR SERVER OF ANY INTOLERANCES & ALLERGIES

(V) Vegetarian (VE) Vegan (GF*) Gluten Free option

Check our special boards for all fish dishes

