

SUNDAY LUNCH

STARTERS

SOUP OF THE DAY

Homemade soup of the day served with warm ciabatta - £7.50 (v) (gf*)

HALLOUMI

Crispy halloumi with hot honey, sesame & peanuts - £7.50 (v) (gf*)

TIGER PRAWNS

Shell off tiger prawns with garlic butter and toasted ciabatta - £8.50 (gf*)

MAINS

All roasts are served with seasonal vegetables, parsnips, roast potatoes and Sian's bake

PEMBROKESHIRE BEEF

Roasted topside of beef with a Yorkshire pudding - £17.95 (gf*)

CHICKEN SUPREME

Roasted supreme of chicken with stuffing - £17.95

PORK

Pork belly served with crackling and apple sauce - £17.95

BASS

With Pembrokeshire new potatoes, lemon butter sauce & samphire - £24 (gf)

VEGAN SAUSAGE ROAST - £16.50 (ve)

DESSERT

CHOCOLATE BROWNIE

Served with salted caramel ice cream & chocolate soil - £8.50 (ve*) (gf)

HOMEMADE STICKY TOFFEE PUDDING

Vanilla ice cream & butterscotch sauce - £8.50

CHOCOLATE GANACHE

Served with blackberry sorbet & fresh blackberry - £8.50 (v) (gf)

BELGIAN WAFFLE

Served with vanilla ice cream, toffee sauce & fresh mixed berries - £8.50

SELECTION OF ICE CREAM OR SORBET

Vanilla, chocolate or strawberry | Mango, raspberry or coconut - £6 (v) (gf)

WELSH CHEESEBOARD

Perlwen (brie), Ruby Mist (port cheddar), Black Bomber (extra mature cheddar) served with crackers, red onion chutney apple & grapes - £12

BREAD & OLIVES

Warm bread with balsamic oil & marinated olives - £6 (gf*)

CRISPY CHICKEN TENDERS

With green leaf & chilli sauce - £8.50

Salty's
Beach Bar & Restaurant

SALTY'S CLASSIC MENU

SALTY'S BURGER Homemade beef patty, Salty's burger sauce, cheddar cheese, baby gem lettuce, tomato & red onion served with fries - £17 (gf*)

CLASSIC CAESAR SALAD

With grilled chicken, bacon, anchovies, gem lettuce, croutons & parmesan - £18 (gf*)

SIAN'S FAVOURITE

Half lobster, 4oz fillet steak, chips, garlic butter salad garnish - £60

FILLET STEAK

Chips, Portobello mushroom, tomato - £33 (gf)

SIRLOIN STEAK

Chips, Portobello mushroom, tomato - £29 (gf)

EXTRAS

GARLIC BREAD £4.50

PORK STUFFING - £1.25

YORKSHIRE PUDDING - £1.25

CHIPS - £4

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR INTOLERANCES

V - VEGGIE VE - VEGAN - PLEASE ASK TO MAKE YOUR DISH GF

** WE CAN MAKE THIS DISH GLUTEN FREE